

CITY COLLEGE
VALUE ADDED COURSE
ON


SOFT SKILL DEVELOPMENT- Emotional Intelligence

Date : 02-01-2019 to 14-01-2019

Time : 4.15 pm onwards

ROOM NO. : Zoology General Laboratory

NOTICE:



CITY COLLEGE
Affiliated to the University of Calcutta
102/1, Raja Rammohan Sarani, Kolkata – 700009
Phone : 033 2350 1565, Office : 033 2360 7463
E-mail : principal.citycollege@gmail.com
Website : www.citycollegekolkata.org
GST No. : 19CALC00619D1DE


Date : 10.12.2018

NOTICE

This is for information for all the students that City College will be organizing a Value-Added Course (VAC) on Soft Skills entitled "Emotional Intelligence" from 02-01-2019 to 14-01-2019 on our college campus. The course will have a total duration of 30 hours, spanning 10 working days, and students will be provided with certificates after successful completion of the course. The course will be conducted beyond regular college hours, i.e., from 4.15 PM to 7.30 PM.

Mr. Subrata Biswas, Assistant Professor, Dept. of English, City College will be the resource person for the above said course.

Interested students are asked to get in touch with the Course Coordinator **Dr. Arkadeep Mitra, Assistant Professor** at the Zoology Department, City College during working hours and get their names registered. The maximum intake capacity is 20 students for the said course and enrolment will be on first come first served basis.



Subrata Biswas
Principal
City College, Kolkata – 09.
10.12.2018
CITY COLLEGE
KOL-9

PROGRAM FLYER:

CITY COLLEGE, KOLKATA



VALUE ADDED COURSE ON 'Emotional intelligence'

Resource Person:

Mr. Subrata Biswas, Assistant Professor,
Department of English, City College, Kolkata

Course Coordinator:

Dr. Arkadeep Mitra,
Assistant Professor, City college

Duration:

30 Hours

Date:

02/01/2019 – 14/01/2019

Venue:

Zoology General Lab, 3rd Floor, City College,
Kolkata

www.citycollegekolkata.org

INVITATION TO RESOURCE PERSON:



CITY COLLEGE

Affiliated to the University of Calcutta
102/1, Raja Rammohan Sarani, Kolkata – 700009
Phone : 033 2350 1565, Office : 033 2360 7463
E-mail : principal.citycollege@gmail.com
Website : www.citycollegekolkata.org
GST No. : 19CALC00619D1DE

Date :10.12.2018

To
Prof. Subrata Biswas
Assistant Professor
Department of English
City College

Dear Sir,

The IQAC, City College is pleased to organise a Value Added Course(VAC) on Soft Skills entitled “Emotional Intelligence” from 02.01.2019 to 14.01.2019 in college premises. I would like to invite you to deliver the course as a resource person.

We hope for your kind cooperation. The participants will be benefitted a lot from your expertise on the course.



Satya Chatterjee
Principal
City College, Kolkata – 09.
CITY COLLEGE
KOL-9

Report :

17 students registered for the course on the first-come first-served basis. All of them completed the course. In the 10-day course, the learners were very enthusiastic and curious to know about Emotional Intelligence as it was a new concept to them. They learned about Emotional Intelligence, various elements of it. They also learned to motivate themselves and others. They could know the importance of self-awareness and empathy. The students found it very helpful to build leadership and personality. At the Valedictory session, the Course Coordinator and the Principal delivered short speeches.

PHOTOGRAPHS:



Emotional Intelligence

(From 02.01.2019 to 15.01.2019)

Course Structure

Course Duration: 10 days

3 hours/day

	Lesson
Day 1	Introduction to Emotional Intelligence
Day 2	Four Pillars of Emotional Intelligence
Day 3	Self-Awareness; Building Self-Confidence; Positive Attitude
Day 4	Communication Skills; Listening Skills; Body Language, Posture and Gestures
Day 5	Knowing Human Behaviour and Emotions
Day 6	Motivating Oneself; Motivating Others
Day 7	Empathy; Self-Awareness; Self-Regulation
Day 8	Social Skills; Team Working and Managing a Team; Crisis Management
Day 9	Developing Emotional Intelligence; Leadership and Public Speaking
Day 10	Utility of Emotional Intelligence, Leadership and Social Skills; Valediction and Issuing of Certificates

Resource Person:

SUBRATA BISWAS,

Assistant Professor,

Department of English,

City College

Name of the Course: *Soft Skill Development - Emotional Intelligence*

Organized By : IQAC, City College

Attendance Sheet

Date: (From) (To): *02/01/19 to 14/01/19*

Signature

Sl No.	Name of the Student	Roll No.	Stream	Semester	Gender	Signature			
						Day 1		Day 2	
						Entry Time (4.15 PM)	Exit Time (Exit Time 7.30 PM)	Entry Time (4.15 PM)	Exit Time (Exit Time 7.30 PM)
1	ARINJIT KARMAKAR	3803	B.A.	1st Semest	Male	<i>A. Karமாகar</i>	<i>A. Karமாகar</i>	<i>A. Karமாகar</i>	<i>A. Karமாகar</i>
2	ASTHA DAS	4227	B.A.	1st Semest	Female	<i>Astha Das</i>	<i>Astha Das</i>	<i>Astha Das</i>	<i>Astha Das</i>
3	ASHISH KUMAR SINGH	3856	B.A.	1st Semest	Male	<i>A.K. Singha</i>	<i>A. K. Singha</i>	<i>A. K. Singha</i>	<i>A. K. Singha</i>
4	MONOJIT DEY	3841	B.A.	1st Semest	Male	<i>Monojit Dey</i>	<i>Monojit Dey</i>	<i>Monojit Dey</i>	<i>Monojit Dey</i>
5	SUSMITA DAS	4229	B.A.	1st Semest	Female	<i>Susmita Das</i>	<i>Susmita Das</i>	<i>Susmita Das</i>	<i>Susmita Das</i>
6	SOUMILY DEY	3639	B.Com	1st Semest	Female	<i>Soumily Dey</i>	<i>Soumily Dey</i>	<i>Soumily Dey</i>	<i>Soumily Dey</i>
7	PRITAM BISWAS	3276	B.Com	1st Semest	Male	<i>Pritam Biswas</i>	<i>Pritam Biswas</i>	<i>Pritam Biswas</i>	<i>Pritam Biswas</i>
8	SANJALI SINGH	3608	B.Com	1st Semest	Female	<i>S. Singh</i>	<i>S. Singh</i>	<i>S. Singh</i>	<i>S. Singh</i>
9	ANKIT RAJAK	3266	B.Com	1st Semest	Male	<i>Ankit Rajak</i>	<i>Ankit Rajak</i>	<i>Ankit Rajak</i>	<i>Ankit Rajak</i>
10	RIYA THAPA	3601	B.Com	1st Semest	Female	<i>Riya Thapa</i>	<i>Riyathapa</i>	<i>Riyathapa</i>	<i>Riyathapa</i>
11	SAYAN PODDER	4717	B.Sc.	1st Semest	Male	<i>S. Podder</i>	<i>S. Podder</i>	<i>S. Podder</i>	<i>S. Podder</i>
12	PRITAM KUNDU	4710	B.Sc.	1st Semest	Male	<i>P. Kundu</i>	<i>P. Kundu</i>	<i>P. Kundu</i>	<i>P. Kundu</i>
13	SHATABDI KARMAKAR	4929	B.Sc.	1st Semest	Female	<i>S. Karமாகar</i>	<i>S. Karமாகar</i>	<i>S. Karமாகar</i>	<i>S. Karமாகar</i>
14	KOENA GHOSH	4913	B.Sc.	1st Semest	Female	<i>K.G.</i>	<i>K.G.</i>	<i>K.G.</i>	<i>K.G.</i>
15	MD WOSIMUDDIN	4715	B.Sc.	1st Semest	Male	<i>Md. Wosimuddin</i>	<i>Md. Wosimuddin</i>	<i>Md. Wosimuddin</i>	<i>Md. Wosimuddin</i>
16	AKHILESH KUMAR JHA	802	B.Sc.	1st Semest	Male	<i>Akhilash K. Jha</i>	<i>Akhilash K. Jha</i>	<i>Akhilash K. Jha</i>	<i>Akhilash K. Jha</i>
17	DISHA SINGHA	918	B.Sc.	1st Semest	Female	<i>Disha Singha</i>	<i>Disha Singha</i>	<i>Disha Singha</i>	<i>Disha Singha</i>
18									

Se.
Principal
College, Kolkata-70



Se.
Course Co-ordinator

Name of the Course: *Soft Skill Development - Emotional Intelligence*

Organized By : IQAC, City College

Attendance Sheet

Date: (From) (To): *02/01/2019 to 14/01/2019*

Signature

Sl No.	Name of the Student	Roll No.	Stream	Semester	Gender	Signature			
						Day 3		Day 4	
						Entry Time (4.15 PM)	Exit Time (Exit Time 7.30 PM)	Entry Time (4.15 PM)	Exit Time (Exit Time 7.30 PM)
1	ARINJIT KARMAKAR	3803	B.A.	1st Semest	Male	<i>A. Karumakar</i>	<i>A. Karumakar</i>	<i>A. Karumakar</i>	<i>A. Karumakar</i>
2	ASTHA DAS	4227	B.A.	1st Semest	Female	<i>Astha Das</i>	<i>Astha Das</i>	<i>Astha Das</i>	<i>Astha Das</i>
3	ASHISH KUMAR SINGH	3856	B.A.	1st Semest	Male	<i>A.K. Singha</i>	<i>A.K. Singha</i>	<i>A.K. Singha</i>	<i>A.K. Singha</i>
4	MONOJIT DEY	3841	B.A.	1st Semest	Male	<i>Monojit Day</i>	<i>Monojit Day</i>	<i>Monojit Day</i>	<i>Monojit Day</i>
5	SUSMITA DAS	4229	B.A.	1st Semest	Female	<i>Susmita Das</i>	<i>Susmita Das</i>	<i>Susmita Das</i>	<i>Susmita Das</i>
6	SOUMILY DEY	3639	B.Com	1st Semest	Female	<i>Soumily Dey</i>	<i>Soumily Dey</i>	<i>Soumily Dey</i>	<i>Soumily Dey</i>
7	PRITAM BISWAS	3276	B.Com	1st Semest	Male	<i>Pritam Biswas</i>	<i>Pritam Biswas</i>	<i>Pritam Biswas</i>	<i>Pritam Biswas</i>
8	SANJALI SINGH	3608	B.Com	1st Semest	Female	<i>S. Singh</i>	<i>S. Singh</i>	<i>S. Singh</i>	<i>S. Singh</i>
9	ANKIT RAJAK	3266	B.Com	1st Semest	Male	<i>Ankit Rajak</i>	<i>Ankit Rajak</i>	<i>Ankit Rajak</i>	<i>Ankit Rajak</i>
10	RIYA THAPA	3601	B.Com	1st Semest	Female	<i>Riyathapa</i>	<i>Riyathapa</i>	<i>Riyathapa</i>	<i>Riyathapa</i>
11	SAYAN PODDER	4717	B.Sc.	1st Semest	Male	<i>S. Podder</i>	<i>S. Podder</i>	<i>S. Podder</i>	<i>S. Podder</i>
12	PRITAM KUNDU	4710	B.Sc.	1st Semest	Male	<i>P. Kundu</i>	<i>P. Kundu</i>	<i>P. Kundu</i>	<i>P. Kundu</i>
13	SHATABDI KARMAKAR	4929	B.Sc.	1st Semest	Female	<i>S. Karumakar</i>	<i>S. Karumakar</i>	<i>S. Karumakar</i>	<i>S. Karumakar</i>
14	KOENA GHOSH	4913	B.Sc.	1st Semest	Female	<i>K.G</i>	<i>K.G</i>	<i>K.G</i>	<i>K.G</i>
15	MD WOSIMUDDIN	4715	B.Sc.	1st Semest	Male	<i>Md. Wosimuddin</i>	<i>Md. Wosimuddin</i>	<i>Md. Wosimuddin</i>	<i>Md. Wosimuddin</i>
16	AKHILESH KUMAR JHA	802	B.Sc.	1st Semest	Male	<i>Akhilesh K. Jha</i>	<i>Akhilesh K. Jha</i>	<i>Akhilesh K. Jha</i>	<i>Akhilesh K. Jha</i>
17	DISHA SINGHA	918	B.Sc.	1st Semest	Female	<i>Disha Singha</i>	<i>Disha Singha</i>	<i>Disha Singha</i>	<i>Disha Singha</i>
18									

Principal
City College, Kolkata-700000



Course Coordinator

Name of the Course: Soft Skill Development - Emotional Intelligence

Organized By : IQAC, City College

Attendance Sheet

Date: (From) (To): 02/01/2019 to 14/01/2019

Sl No.	Name of the Student	Roll No.	Stream	Semester	Gender	Signature			
						Day 5		Day 6	
						Entry Time (4.15 PM)	Exit Time (Exit Time 7.30 PM)	Entry Time (4.15 PM)	Exit Time (Exit Time 7.30 PM)
1	ARINJIT KARMAKAR	3803	B.A.	1st Semest	Male	A. Karumakar	A. Karumakar	A. Karumakar	A. Karumakar
2	ASTHA DAS	4227	B.A.	1st Semest	Female	Astha Das	Astha Das	Astha Das	Astha Das
3	ASHISH KUMAR SINGH	3856	B.A.	1st Semest	Male	A.K. Singha	A.K. Singha	A.K. Singha	A.K. Singha
4	MONOJIT DEY	3841	B.A.	1st Semest	Male	Monojit Dey	Monojit Dey	Monojit Dey	Monojit Dey
5	SUSMITA DAS	4229	B.A.	1st Semest	Female	Susmita Das	Susmita Das	Susmita Das	Susmita Das
6	SOUMILY DEY	3639	B.Com	1st Semest	Female	Soumily Dey	Soumily Dey	Soumily Dey	Soumily Dey
7	PRITAM BISWAS	3276	B.Com	1st Semest	Male	Pritam Biswas	Pritam Biswas	Pritam Biswas	Pritam Biswas
8	SANJALI SINGH	3608	B.Com	1st Semest	Female	S. Singh	S. Singh	S. Singh	S. Singh
9	ANKIT RAJAK	3266	B.Com	1st Semest	Male	Ankit Rajak	Ankit Rajak	Ankit Rajak	Ankit Rajak
10	RIYA THAPA	3601	B.Com	1st Semest	Female	Riyathapa	Riyathapa	Riyathapa	Riyathapa
11	SAYAN PODDER	4717	B.Sc.	1st Semest	Male	S. Podder	S. Podder	S. Podder	S. Podder
12	PRITAM KUNDU	4710	B.Sc.	1st Semest	Male	P. Kundu	P. Kundu	P. Kundu	P. Kundu
13	SHATABDI KARMAKAR	4929	B.Sc.	1st Semest	Female	S. Karumakar	S. Karumakar	S. Karumakar	S. Karumakar
14	KOENA GHOSH	4913	B.Sc.	1st Semest	Female	K.G.	K.G.	K.G.	K.G.
15	MD WOSIMUDDIN	4715	B.Sc.	1st Semest	Male	Md. Wasimuddin	Md. Wasimuddin	Md. Wasimuddin	Md. Wasimuddin
16	AKHILESH KUMAR JHA	802	B.Sc.	1st Semest	Male	Akhilesh K. Jha	Akhilesh K. Jha	Akhilesh K. Jha	Akhilesh K. Jha
17	DISHA SINGHA	918	B.Sc.	1st Semest	Female	Disha Singha	Disha Singha	Disha Singha	Disha Singha
18									

Se.
Principal
City College, Kolkata-700009



De.
Course-coordinator

Name of the Course: soft skill development - Emotional Intelligence

Organized By : IQAC, City College

Attendance Sheet

Date: (From) (To): 02/01/2019 to 14/01/2019

Sl No.	Name of the Student	Roll No.	Stream	Semester	Gender	Signature			
						Day 7		Day 8	
						Entry Time (4.15 PM)	Exit Time (Exit Time 7.30 PM)	Entry Time (4.15 PM)	Exit Time (Exit Time 7.30 PM)
1	ARINJIT KARMAKAR	3803	B.A.	1st Semest	Male	A. Karமாகার	A. Karமாகার	A. Karமாகার	A. Karமாகার
2	ASTHA DAS	4227	B.A.	1st Semest	Female	Astha Das	Astha Das	Astha Das	Astha Das
3	ASHISH KUMAR SINGH	3856	B.A.	1st Semest	Male	A.K. Singha	A.K. Singha	A.K. Singha	A.K. Singha
4	MONOJIT DEY	3841	B.A.	1st Semest	Male	Monojit Dey	Monojit Dey	Monojit Dey	Monojit Dey
5	SUSMITA DAS	4229	B.A.	1st Semest	Female	Susmita Das	Susmita Das	Susmita Das	Susmita Das
6	SOUMILY DEY	3639	B.Com	1st Semest	Female	Soumily Dey	Soumily Dey	Soumily Dey	Soumily Dey
7	PRITAM BISWAS	3276	B.Com	1st Semest	Male	Pritam Biswas	Pritam Biswas	Pritam Biswas	Pritam Biswas
8	SANJALI SINGH	3608	B.Com	1st Semest	Female	S. Singh	S. Singh	S. Singh	S. Singh
9	ANKIT RAJAK	3266	B.Com	1st Semest	Male	Ankit Rajak	Ankit Rajak	Ankit Rajak	Ankit Rajak
10	RIYA THAPA	3601	B.Com	1st Semest	Female	Riya Thapa	Riya Thapa	Riya Thapa	Riya Thapa
11	SAYAN PODDER	4717	B.Sc.	1st Semest	Male	S. Podder	S. Podder	S. Podder	S. Podder
12	PRITAM KUNDU	4710	B.Sc.	1st Semest	Male	P. Kundu	P. Kundu	P. Kundu	P. Kundu
13	SHATABDI KARMAKAR	4929	B.Sc.	1st Semest	Female	S. Karமாகার	S. Karமாகার	S. Karமாகার	S. Karமாகার
14	KOENA GHOSH	4913	B.Sc.	1st Semest	Female	K.G	K.G	K.G	K.G
15	MD WOSIMUDDIN	4715	B.Sc.	1st Semest	Male	Md. Wosimuddin	Md. Wosimuddin	Md. Wosimuddin	Md. Wosimuddin
16	AKHILESH KUMAR JHA	802	B.Sc.	1st Semest	Male	Akhilesh K. Jha	Akhilesh K. Jha	Akhilesh K. Jha	Akhilesh K. Jha
17	DISHA SINGHA	918	B.Sc.	1st Semest	Female	Disha Singha	Disha Singha	Disha Singha	Disha Singha
18									

Principal
College, Kolkata-700000



Course Co-ordinator

Name of the Course: *Soft Skill Development - Emotional Intelligence*

Organized By : IQAC, City College

Attendance Sheet

Date: (From) (To): *02/01/2019 to 14/01/2019*

Sl No.	Name of the Student	Roll No.	Stream	Semester	Gender	Signature			
						Day 9		Day 10	
						Entry Time (4.15 PM)	Exit Time (Exit Time 7.30 PM)	Entry Time (4.15 PM)	Exit Time (Exit Time 7.30 PM)
1	ARINJIT KARMAKAR	3803	B.A.	1st Semest	Male	<i>A. karmakar</i>	<i>A. karmakar</i>	<i>A. karmakar</i>	<i>A. karmakar</i>
2	ASTHA DAS	4227	B.A.	1st Semest	Female	<i>Astha Das</i>	<i>Astha Das</i>	<i>Astha Das</i>	<i>Astha Das</i>
3	ASHISH KUMAR SINGH	3856	B.A.	1st Semest	Male	<i>A. K. Sinha</i>	<i>A. K. Sinha</i>	<i>A. K. Sinha</i>	<i>A. K. Sinha</i>
4	MONOJIT DEY	3841	B.A.	1st Semest	Male	<i>Monojit Dey</i>	<i>Monojit Dey</i>	<i>Monojit Dey</i>	<i>Monojit Dey</i>
5	SUSMITA DAS	4229	B.A.	1st Semest	Female	<i>Susmita Das</i>	<i>Susmita Das</i>	<i>Susmita Das</i>	<i>Susmita Das</i>
6	SOUMILY DEY	3639	B.Com	1st Semest	Female	<i>Soumily Dey</i>	<i>Soumily Dey</i>	<i>Soumily Dey</i>	<i>Soumily Dey</i>
7	PRITAM BISWAS	3276	B.Com	1st Semest	Male	<i>Pritam Biswas</i>	<i>Pritam Biswas</i>	<i>Pritam Biswas</i>	<i>Pritam Biswas</i>
8	SANJALI SINGH	3608	B.Com	1st Semest	Female	<i>S. Singh</i>	<i>S. Singh</i>	<i>S. Singh</i>	<i>S. Singh</i>
9	ANKIT RAJAK	3266	B.Com	1st Semest	Male	<i>Ankit Rajak</i>	<i>Ankit Rajak</i>	<i>Ankit Rajak</i>	<i>Ankit Rajak</i>
10	RIYA THAPA	3601	B.Com	1st Semest	Female	<i>Riya Thapa</i>	<i>Riya Thapa</i>	<i>Riya Thapa</i>	<i>Riya Thapa</i>
11	SAYAN PODDER	4717	B.Sc.	1st Semest	Male	<i>S. Podder</i>	<i>S. Podder</i>	<i>S. Podder</i>	<i>S. Podder</i>
12	PRITAM KUNDU	4710	B.Sc.	1st Semest	Male	<i>P. Kundu</i>	<i>P. Kundu</i>	<i>P. Kundu</i>	<i>P. Kundu</i>
13	SHATABDI KARMAKAR	4929	B.Sc.	1st Semest	Female	<i>S. Karmakar</i>	<i>S. Karmakar</i>	<i>S. Karmakar</i>	<i>S. Karmakar</i>
14	KOENA GHOSH	4913	B.Sc.	1st Semest	Female	<i>K.G</i>	<i>K.G</i>	<i>K.G</i>	<i>K.G</i>
15	MD WOSIMUDDIN	4715	B.Sc.	1st Semest	Male	<i> Md. Wasimuddin</i>	<i> Md. Wasimuddin</i>	<i> Md. Wasimuddin</i>	<i> Md. Wasimuddin</i>
16	AKHILESH KUMAR JHA	802	B.Sc.	1st Semest	Male	<i>Akhilesh K. Jha</i>	<i>Akhilesh K. Jha</i>	<i>Akhilesh K. Jha</i>	<i>Akhilesh K. Jha</i>
17	DISHA SINGHA	918	B.Sc.	1st Semest	Female	<i>Disha Singha</i>	<i>Disha Singha</i>	<i>Disha Singha</i>	<i>Disha Singha</i>
18									

Se.
Principal
City College, Kolkata-7000



De
Course Co-ordinator